Dear Ballet Enthusiast,

<u>Ballet Day at UGA</u> 2017 will be held at the UGA Dance Building on <u>Sunday, October 8^{th.}</u>
Ballet Day at UGA 2016 drew dancers from as far away as New Jersey and as close as Chattanooga, Valdosta and Atlanta as well as the large population of dancers right here in Athens and at UGA.

This year's 2017 event hosts a *full day* of *free* classes for ages 8 through adult in Ballet, Pointe, Contemporary/Modern dance, professional coaching of solo ballet variations and injury prevention via Pilates and Yamuna self-care methodologies.

Professional dancer <u>Samuel Chester</u>, who performed with Carolina Ballet is just now returning to the US from his 6th performance tour of Japan, will be teaching advanced ballet.

Guest instructor, <u>Nena Gilreath</u>, who performed as a professional ballerina with The Dance Theatre of Harlem is now the Co-Founder of Atlanta's Ballethnic Dance Company and the Facility Supervisor of the East Athens Educational Dance Center, will offer an advanced ballet class en pointe.

Other guest instructors include **successful UGA BFA** dance degree graduates **Kristin Grubbs**Chester, Charlotte Foster Williamson and certified Pilates instructor Maryn Whitmore.

Certified Yamuna and yoga therapist <u>Michelle Arington</u> is a Health and Fitness Professional who empowers those she works with wellness and self-care solutions through mindfulness.

In between classes, a light snack will be provided along with information on the UGA dance degree and summer dance opportunities. Dancers should also consider bringing a sack lunch to keep their energy levels up for the scheduled activities of the day.

A high light to the event, <u>UGA student dancer Julia Patterson</u> will perform a female pointe variation from the ballet *Napoli* which was choreographed by August Bournonville in Denmark in 1842.

A final group gathering will provide time to ask dance related questions of our guest faculty and learn what a **degree in dance from UGA** can do for you and your dance related goals.

I am happy to personally help you and/or your group of dancers to register for the finest day of dance possible. My cell is 706-546-1769 and you are welcome to call or text me and of course, contact via email at jbuttram@uga.edu is just as fine as well.

Please use the attached form to register one dancer or a group of dancers by providing 1 number for one dancer, or a total number of a group of dancers and then supplying each <u>individual's name</u>, <u>age</u>, <u>e-mail</u> and <u>current dance school</u> or studio, listing groups on back of form. <u>Return</u> the regsistration document via email to me, or if necessary, print and fill out the form and mail to me, prior to <u>Wednesday</u>, <u>October 4th</u>. Some classes are <u>first come first serve</u> and will fill up quickly so <u>early</u> <u>advanced registration</u> is recommended.

Sincerely,

Joan Buttram, Director UGA Ballet Day 2017



Julia Patterson pictured in background and to the left.