



Spring 2018
1-2 credit courses of interest -

FOLK *If you like to dance and learn about world culture, then sign up for Folk Dance Foundations!*

DANC 1603 - Folk Dance Foundations
MW 10:10-11:00 held at 276 Dance Bldg.

CONTEMPORARY *for those who have had a little training and want to step it up!*

DANC 1615 - Contemporary Dance Foundations II
TR 9:30-10:45 held at 272 Dance Bldg.

BALLET *for those who have had a little training and want to leap up to the next level!*

DANC 1616 – Ballet Foundations II
TR 2:00-3:15 held at 274 Dance Bldg.

YOGA TRAPEZE *Stretch, strengthen, invert, balance & breathe "hang" – an aerial workout.*

DANC 2050 - Alternate Dance Forms
(Aerial Dance Fitness/Yoga Trapeze section)
T 11:00-12:15 held at 272 Dance Bldg.

HIP-HOP *Where we get the chance to dance*

Hip Hop, House and West African Dance.
DANC 2620 - Dancing Hip-Hop to Lamban
TR 11:00-12:15 held at 276 Dance Bldg.

These and other non-POD dance foundation courses available on Athena for elective credit.